

COMMITMENT WAS THE KEY(S)

Over the last two years the pandemic required us to adapt to change quickly, face new and scary challenges, be resilient and accept many things out of our control. Our entire team pulled together and worked unbelievably hard to assure that the residents of Second Stage Housing were supported and safe.

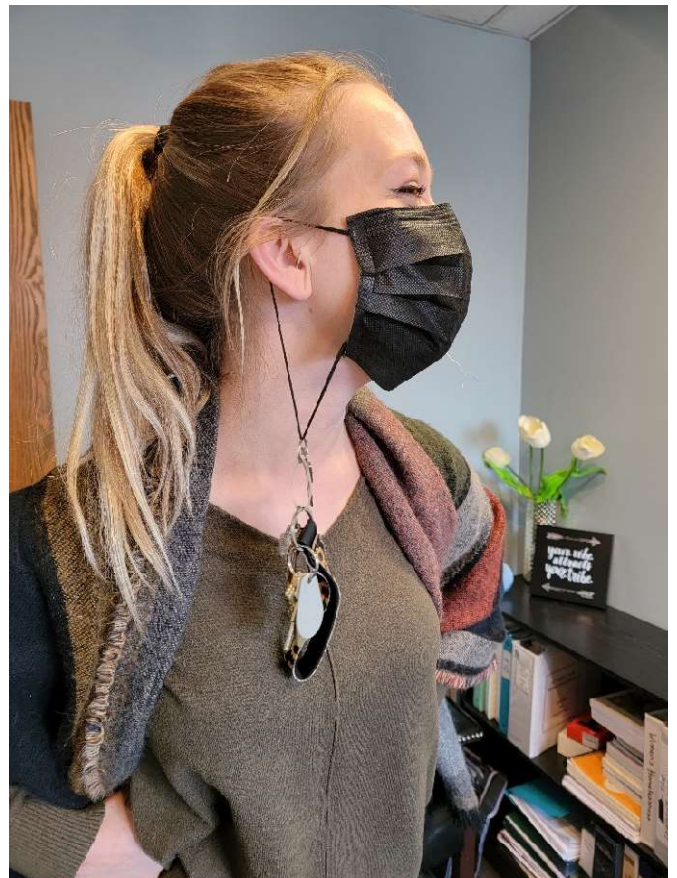
A big thank you goes out to our Board of Directors who provided consistent support to the staff in order that services could remain secure and consistent. Your outstanding leadership kept us going!!!

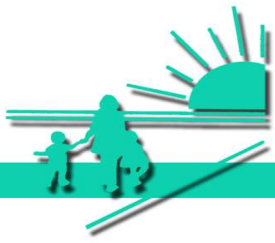
To the families that we have supported throughout the pandemic, your willingness to quickly pivot with us, make changes and face challenges with us each day was amazing. Each of you faced enormous expectations and your success in that meant that everyone in the program was able to remain safe and feel secure in their home. The strength you showed is incredible!!!

Community support was overwhelming and definitely helped us all to feel supported and empowered to forge forward through a difficult time. To all of our donors, volunteers and community partners thank you, we can't do what we do without you!!!!

Our staff team did an unbelievable job of working together to support each family in residence, offer support to transitional women in the community and support each other. Their commitment to the work we do here and unwavering commitment to following protocols was exemplary. To each staff member, thank-you for your dedication, hard work and amazing team work!!!

*Even when things got a
little tangled our staff
followed protocol to keep
everyone safe!!!*





Children Back at Play

We are happy to share that we have returned to offering group programs to the children in residence. Over the past two years Covid protocols required us to work with the children individually and only do group activities with their family members.

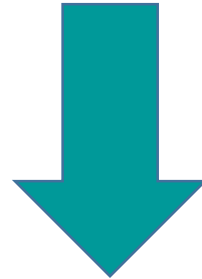
Now that protocols have lessened the children are meeting in small groups, having the chance to build new friendships and learn through play!!!

The Children’s Program is designed to assure that any children residing at St. Thomas – Elgin Second Stage Housing are offered support and counselling regarding their experiences with domestic violence. Structured groups, individual supports and recreational activities are offered throughout each week to the children. The information offered to the children is designed to increase safety skills, self-esteem, confidence, coping strategies and learn about topics that allow them to recognize healthy social and life management skills. The learning and changing process is then encouraged and guided during daily connections that staff have with each family. Having the freedom to assist the client through daily challenges as they are occurring increases opportunities for success and growth.

Our longer-term transitional housing program provides safe housing, a growth-oriented environment and healthy lifestyle allowing each child to experience and develop the following:



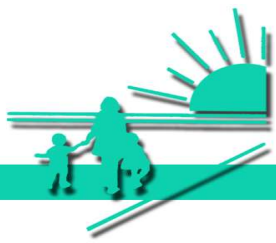
**Safe Environment
Stable Housing
Structured Routines
New Experiences**



**Ability to Trust
Increased Comfort
Sense of Security
Self - Confidence
Positive Communication
Self - Control
Understanding of Personal Feelings
Increased Self-Worth
Healthy Coping Strategies
Sense of Belonging
Sense of Identity
Increased Self-Esteem**

St. Thomas-Elgin Second Stage Housing





If you or someone you know is needing support:

Call: (519) 637-2288

or go

Online: www.secondstagehousing.net

Our Programs

On an annual basis our residential program provides service to approximately 25 women and 35 children. These numbers have remained consistent throughout our 28 years of operation with the occupancy rate being 97%. The families can reside in the program for up to one year in length, the purpose of the longer-term stay is to assure that each family has safe, secure housing along with counselling supports necessary following traumatic events. The longer term supports assist residents to work together as a family unit to move forward in a healthy and safe manner.

The residential program offers families the opportunity to live in a safe, secure environment and seek support to increase their stability. During their stay staff focus on providing supports that assist the families to secure permanent housing in the community. Families are connected to other agencies that focus on providing housing and income supports. Victims of domestic violence often experience feelings of low self – esteem, lack of confidence, and anxiety increases when having to face new challenges. Staff support the women to set personal goals that aid in growth and increased success. The result of families having safe housing, secure income and strong support systems results in an improvement in their mental health and coping strategies.

The Children’s/Family Support Program supports individuals who have experienced the effects of family violence through client focused psycho-educational supports which allow each client to explore how their experiences have affected their lives and the chance to focus on their future, free of violence. The opportunity to set goals for themselves and their family unit opens the doors to increased self – esteem, confidence, safety and personal success. A future including successful education, employability, community connections and a safe/healthy lifestyle offers a pathway to move to a life free of violence.



<https://sbcssandiego.org/family-violence-support-services/equality-wheel/>

Join the 100 Club Today!

The 100 Club is a planned giving initiative, which aims to get 100 individuals, families, or groups to commit to making an annual donation of \$120 or more to our agency. It is the most convenient way to support us. The objective of the 100 Club is to generate sustainable funding for our programs. Our hope is to be able to focus less effort on fundraising and more on the programming we offer to the women and children at our agency.

We would like to thank all our 100 Club donors for their continued support to our programs!

St. Thomas-Elgin Second Stage Housing

15 Golding Place St. Thomas Ontario
Phone: 519-637-2288 Toll Free: 1-877-396-2288 Fax: 519-637-2213
Email: secondstage.stessh@rogers.com www.secondstagehousing.net



A United Way Agency

Second Stage Financial Donors November 15th, 2021 to May 15th 2022

<p align="center"><u>\$1,000 +</u></p> <p>Doug Tarry Limited Congregation of the Sister's of St. Joseph The Realtor's Foundation Mary Kay Ash Foundation James & Brenda McArthur</p> <p align="center"><u>\$500 - \$999.99</u></p> <p>Lions Club of Port Stanley Lioness New Vision Community Church Belmont Swans Club Dowler Karn Limited Jacqueline Irvine Sterling Adams</p> <p align="center"><u>\$100- \$499.99</u></p> <p>Gertrude Vaughan Dragon Fund Catherine Murray Allan & Kim Hughson John Hofhuis Sharon Kaufman Anna Mae Pearce John A Kenney Robert & Judith Upsdell Barbara Hale-Cookson Carrie Leach Susan Huber (In Honour of Pat Morfee) Mary Jane & C Robin Wadley</p> <p align="center"><u>\$1-\$99.99</u></p> <p>Agnes Verhoeven Josephine Nesbitt Kathryn McNeil Terry & Evelyn Julian</p>	<p align="center"><u>\$1-\$99.99 Cont.</u></p> <p>Teresa Booth Elzbieta Bucka G & A Berger (In Memory of Barb Forbes) Sasha Giesbrecht (In Honour of Nadira Hiralal)</p> <p align="center"><u>100 Club Members</u></p> <p>A.Lounsbury A. Meeuse A. Pol A. Wright B. Andrews B. Blackman B. Graham B. Keefer B. Wright C. Ford C. Gathercole C. Keefer C. Limbrick E. York F. Edgar G. Clark J & J Harris J. Andrews J & J Irvine J. Jones J. Unwin K. Hagerman K & C Jolliffe L. Stinchcombe M. Barrie</p>	<p align="center"><u>100 Club Members Cont.</u></p> <p>M. Cheney M. Keefer M. Ladd M & J Collins N. Newby P. Morfee P. Newman P. Pol R. Jackson S. Broadbent S. Vanderkooy S. Westaway T. Phillips</p> <p align="center"><i>Please note we strive for accuracy in listing donors; however, some errors may occur. Please contact us if any errors or omissions are detected.</i></p> <hr/> <p align="center">Receive our newsletter by email!</p> <p>Email secondstage.stessh@rogers.com to be added to our electronic newsletter list and receive your copy in your inbox!</p> <p align="center"><i>Please help us reduce our cost and paper usage!</i></p> <p>To keep up to date on all these events and more, please follow us on our Facebook page.</p> <p align="center"><u>www.facebook.com/SecondStageHousing</u></p>
---	---	---

✂please cut along the dotted line.....

Enclosed is my gift of: \$ _____ One time gift: ____ 100 Club: ____

Paid by: Cheque Series of post dated cheques

Automatic Bank Charge ___1st or ___15th \$ _____ each month (enclose VOIDED cheque)

Mastercard Visa #: _____ expiry date ___ / ___ (secure site)

Name: _____ Phone #: _____

Address: _____

Mail to: St. Thomas – Elgin Second Stage Housing, 15 Golding Place, St. Thomas, ON N5R 6B6

Thank you for your support!