



# Second Stage News

St. Thomas Elgin – Second Stage Housing

## Children’s Program



The Children’s Program is designed to assure that any children residing at St. Thomas – Elgin Second Stage Housing are offered support and counselling regarding their experiences with domestic violence. Structured groups, individual supports and recreational activities are offered throughout each week to the children. The information offered to the children is designed to increase safety skills, self-esteem, confidence, coping strategies and learn about topics that allow them to recognize healthy social and life management skills. The learning and changing process is then encouraged and guided during daily connections that staff have with each family. Having the freedom to assist the client through daily challenges as they are occurring increases opportunities for success and growth. Our longer term transitional housing program provides safe housing, a growth oriented environment and healthy lifestyle allowing each child to experience and develop the following:

**Safe Environment**  
**Stable Housing**  
**Structured Routines**  
**New Experiences**



- Ability to trust**
- Increased comfort**
- Sense of security**
- Self - confidence**
- Positive Communication**
- Self - Control**
- Understanding of personal feelings**
- Increased Self-Worth**
- Healthy Coping Strategies**
- Sense of belonging**
- Sense of Identity**
- Increased Self-Esteem**

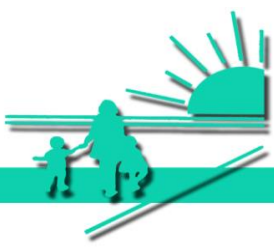


### St. Thomas-Elgin Second Stage Housing

15 Golding Place St. Thomas Ontario  
 Phone: 519-637-2288 Toll Free: 1-877-396-2288 Fax: 519-637-2213  
 Email: [secondstage.stessh@rogers.com](mailto:secondstage.stessh@rogers.com) [www.secondstagehousing.net](http://www.secondstagehousing.net)



A United Way Agency



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## Upcoming Events

### 15<sup>th</sup> Annual Golf Tournament

Thursday June 8, 2017 - At St. Thomas Golf & Country Club. Registration begins at 12:00 pm with a shotgun start at 1:30 pm. The cost is \$140 per player and includes: green fees, power cart, dinner, prizes and more.

### Quarter Auction

October 2017 – day TBD. Please join us at Knights of Columbus. Doors open at 6:00 pm and the auction starts at 7:00 pm. Tickets are \$5 each and gain you entry into the auction. Great items to bid on for a low cost.

### Annual General Meeting

September 28, 2017 – This year our AGM will be held in our building. If you are interested in attending please call the office to have your name added to the mailing list.

### National Day of Remembrance and Action on Violence against Women

December 6, 2017 – This day marks the anniversary of the 14 women who were murdered in 1989 at l'Ecole Polytechnique de Montreal because they were women. This year we will be inviting members of our community to join us in remembering the lives of these women. Time, location and details to follow.

### Elvis

Saturday December 2, 2017 – In Partnership with Big Brothers Big Sisters St. Thomas – Elgin, we will be hosting our 2<sup>nd</sup> Annual Christmas with, “The King.” This year’s show will be held at the Saxon Hall in Aylmer. Tim “E” Hendry returns to Elgin County to help kick off the holiday season.

**To keep up to date on all these events and more, please follow us on our Facebook page.**

[www.facebook.com/SecondStageHousing](http://www.facebook.com/SecondStageHousing)

## Join the 100 Club Today!

The 100 Club is a planned giving initiative, which aims to get 100 individuals, families, or groups to commit to making an annual donation of \$120 or more to our agency. It is the most convenient way to support us. The objective of the 100 Club is to generate sustainable funding for our programs. Our hope is to be able to focus less effort on fundraising and more on the programming we offer to the women and children at our agency.

**In 2016 the 100 Club had 38 members and raised just over \$6,400.**

## Volunteer Opportunity

### Bingo Worker

Must be 18 years old and complete training prior to volunteering. Duties include cleaning tables of garbage and cards during the bingo sessions. As well as greeting players and representing Second Stage Housing.

## Receive our newsletter by email!

Email Melissa at [mmcleod.stessh@rogers.com](mailto:mmcleod.stessh@rogers.com) to be added to our electronic newsletter list and receive your copy in your inbox!

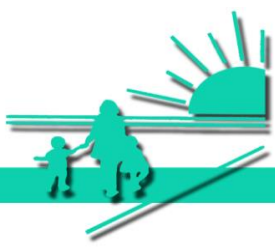
*Please help us reduce our cost and paper usage!*

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March 8, 2017 – The staff celebrate International Women’s Day

On March 8, 2017 we celebrated International Women’s Day by connecting with our close community partners. We presented them with a \$5 gift card and encouraged them to recognize the significance of that money value. Information sharing about the \$5 representing at least four days of hard work for women in developing countries led to conversations allowing us to join our community partners in recognizing International Women’s Day.

**Six out of ten of the world's poorest people are women.**

**In West Africa, between 48 - 65% of women live in poverty.**

**In these communities, girls and women eat less and last when a meal is served. In Eritrea Africa, the prevalence of undernourished women is approximately 40 percent.**

**20% of women living in these developing countries provide for themselves and their families on less than \$1.25 per day.**

[www.womenthrive.org](http://www.womenthrive.org)

## 3<sup>rd</sup> Annual Hit the Floor for Her

On Saturday April 22, 2017 we held our third annual fitness fundraiser. Over \$1200 was raised in support of our Women’s and Children’s programs by 17 participants. Thank you to Tara Garland and Brianne Blackman for leading us through a fun morning with a core and cardio workout, followed by a relaxing yoga session. Stay tuned for information about next year’s event!

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**Second Stage Financial Donors December 1, 2016 to May 31, 2017**

<p align="center"><b><u>\$1,000 +</u></b></p> <p align="center">Sisters of St. Joseph County of Elgin</p> <p align="center"><b><u>\$500 - \$999.99</u></b></p> <p align="center">Kiwanis Club of West Lorne Jackie Irvine Shirley V Bentley</p> <p align="center"><b><u>\$100- \$499.99</u></b></p> <p align="center">Dunwich Church Women Union United Church Women Bayham United Church Central United Church St. Andrews United Church Women Williams Funeral Home Jane MacCaskill John Hofhuis Alice &amp; Morris Keck Elizabeth Sebestyen Helen E. Silcox Donna &amp; Brian Lunn London Community Foundation – Gertrude Vaughan Dragon Fund</p>	<p align="center"><b><u>\$1-\$99.99</u></b></p> <p align="center">Sparta United Church Women New Vision Community Church Arcturas Limited Catharine Louse Fife Gary Baldwin Anna Mae Pearce L/V Parkins Ollie's</p> <p align="center"><b>Memoriums</b></p> <p align="center">Carol McConnell</p> <p align="center"><b>100 Club Members</b></p> <p align="center">A. Verhoeven F. Edgar E. York R. Jackson S. Broadbent R. &amp; D. Broadbent A. Lounsbury J. Jones E. Lanning J. Irvine T. Sherratt M. Cheney MJ &amp; J Collins</p>	<p align="center"><b>100 Club Members con't</b></p> <p align="center">J. Irvine N. Newby J. Unwin J. Andrews A. Pol P. Morfee T. Phillips E. Kitts S. Westaway G. Clark B. Wright C. Keefer A. Meeuse A. Wright B. Blackman B. Andrews C. &amp; K. Jolliffe P. Pol M. Keefer H. Ainsworth P. Newman J &amp; J Harris G &amp; M Ladd S. Hagerman</p> <hr/> <p align="center"><i>Please note we strive for accuracy in listing donors; however, some errors may occur. Please contact us if any errors or omissions are detected.</i></p>
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✂ .....please cut along the dotted line.....

**Enclosed is my gift of: \$ \_\_\_\_\_ One time gift: \_\_\_\_\_ 100 Club: \_\_\_\_\_**

**Paid by:**  Cheque  Series of post dated cheques

**Automatic Bank Charge** \_\_\_1<sup>st</sup> or \_\_\_15<sup>th</sup> \$ \_\_\_\_\_ each month(enclose **VOIDED** cheque)

**Mastercard**  **Visa** #: \_\_\_\_\_ expiry date \_\_\_ / \_\_\_ ( secure site )

**Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Mail to: St. Thomas – Elgin Second Stage Housing, 15 Golding Place, St. Thomas, ON N5R 6B**

Thank you for your support!