



Second Stage News

A tribute to Elvis is coming to town!

A Christmas Celebration with "The King"

St. Anne's Centre, St. Thomas ON
Doors open 6:30 pm Show 8:00 pm
(licensed event)

Tickets \$35.00

For information contact Melissa @ 519-637-2288

World Champion

Elvis Tribute Artist

Tim "E" Hendry



and Zach Peddie

December 10th

On Saturday December 10, 2016 we are hosting a Christmas Celebration with the King, in partnership with Big Brothers Big Sisters St. Thomas Elgin. We are pleased to present Tim E and the Yes Men, along with local ETA Zach Peddie opening, at St. Anne's Centre with the show kicking off at 8:00 pm. There will be great music, a silent auction and tons of fun. All proceeds raised are supporting Big Brothers Big Sisters and Second Stage Housing. Tickets are \$35 each.

Tim E Hendry brings with him over 30 years of experience in the music industry. He is a world class musician and performer, not to mention a multi award winning Elvis Tribute Artist (ETA). He has won over 20 Grand Championships including 2015 Ocean City Elvis Festival, 2015 Georgia Elvis Festival, 2013 King Trilogy Festival, 2012 Toronto Elvis Festival and 2010 Collingwood Elvis Festival to name a few. Additionally, local ETA Zach Peddie will be opening the show. Zach has excelled as an ETA, winning many competitions. This year he moved into the Men's Division in competition and placed second in Collingwood 2016 and third in Toronto 2016.

Call us at 519-637-2288 to get your tickets!

Hit the Floor for Her

On Saturday May 28, 2016 we held another successful Hit the Floor for Her fitness event at Central United Church Gym. We had 20 participants raise just over \$1100 in a morning filled with fitness fun. Thank you to our instructors, Debbie Hamilton, Amanda Travnicek and Lori Anne McNulty who graciously donated their time. We look forward to next year's event on April 29, 2017. Please stay tuned to our Facebook page for more information as it becomes available.

14th Annual Golf Tournament

Over \$6500 was raised at our 14th Annual Golf Tournament at St. Thomas Golf and Country Club. 40 golfers enjoyed a beautiful day out on the links in support of our Women's Program. Plans are being made for next year's tournament with the hope of keeping the date the second Thursday in June. Check out our Facebook page in the New Year for registration information.

www.facebook.com/SecondStageHousing

St. Thomas-Elgin Second Stage Housing

15 Golding Place St. Thomas Ontario
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Email: secondstage.stessh@rogers.com www.secondstagehousing.net



A United Way Agency



Second Stage News

The residential program at Second Stage Housing offers longer term supports to women (and their children) leaving abusive relationships. This phrase is seen on our promotional material and frequently heard from the mouths of our board members, staff and volunteers. The words Longer Term Supports on the surface is easy to explain but what is sometimes missed is having our community understand what our program brings to the lives of our residents.

Well... two young boys that have been living in our program for over eight months recently demonstrated what Longer Term Support provides. I want to share a piece of their story with the hopes of bringing clarity to the above situation.

Jack, seven years old, entered program displaying many effects of childhood trauma - unable to trust, emotional response difficulties, lack of self-regulation, oppositional and aggressive behaviour and difficulty with transitions.

Mark, nine years old, entered the program displaying a lack of social skills, low self-esteem, emotional instability and a history of requiring specialized treatment for aggressive behaviour and inability to self-regulate.

Both of these families had experienced abuse in their home, stability was always challenged and both Moms identify that life for themselves and their children had been focused on trying to stay safe from the abuser. Each Mom entered the program with her own individual experiences and challenges however they both had one common goal, to end the violence in their lives.

Each of these women, with much patience and work began to see changes in their own level of confidence and recognized a positive change in their sons. The women worked closely with staff to gain the education about how the abuse had affected their lives and the lives of their children. They also worked very hard to support their children and assure that the boys accessed the supports offered to the children residing in the program.

During the first few months of their residency the boys very seldom attended group activities due to their inability to interact with the other children comfortably or safely. Over time both boys began to interact with staff and the other children more positively and increased their time in the Children's Program. One of the Mom's described it as this **"He over time has been able to begin to see the world through a different lens that his past had never allowed. His new feeling of safety and stability allowed him to not live in a constant state of stress and anxiety and in turn my son was able to gain valuable relationship building, trust and problem solving skills."**

We as a staff group recently witnessed those two boys attend a recreational session facilitated by our staff. Both boys came to the children's area independently (without conflict or Mom's support), were happy to be attending and excited to take part in the group activity. They spent an enjoyable hour and a half with the staff making tie dye t-shirts for themselves. At the end they left the activity very happy, thrilled to show staff what they had created! Those boys were happy just like kids should be, they felt good about themselves and loved their shirts.

As staff we see two boys that now can enjoy their accomplishments without fear, two boys that have the capability to grow into young men that know how to respect themselves and others. Two individuals that will be able to foster healthy relationships and bring good things to the lives of others through what they have learned through the programs at Second Stage Housing.

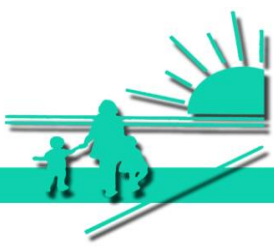
These two boys are an example of what Longer Term Supports can provide.... A consistent stable opportunity to learn, make healthy changes and be safe!!!!!!!

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Board Member and Staff Listing Update

Board of Directors

Beverley Wright – President
 Pat Pol – Vice President
 Donna Lunn – Secretary/Treasurer
 Tina Lambert – Director
 Sylvia Vanderkooy – Director
 Monica Benwell - Director

Staff

Mickie Keefer – Executive Director
 Kristina Holcombe Parker – Transitional Support Worker
 Jo Ellen Heslop – Women’s Counsellor
 Cora Gathercole – Children’s Advocate
 Melissa McLeod – Fund Development/Volunteer/Office Coordinator
 Gary Baldwin – Maintenance
 Carissa Limbrick – Financial Assistant

We are currently accepting applications for Board of Directors. Our agency is governed by a volunteer Board of Directors.

Applicants need to be committed to:

- Attending regular meetings (10 yearly)
- Understanding an agency that works in the non-profit sector
- Supporting our mission and goals

If interested please contact Mickie Keefer, Executive Director via email, mkeefe.stessh@rogers.com

Help us raise funds through FundScrip!

At Second Stage Housing we are beginning to use FundScrip to help us raise funds. FundScrip helps us to raise money for our organization when you buy gift cards for everyday purchases from a wide array of retail categories such as groceries, gas, restaurants, clothing stores and many more. The gift cards are sold at face value and Second Stage earns rebates ranging from 2% - 12% from the purchase price of the cards.

Please visit www.fundscrip.com for more information or ask Melissa at Second Stage Housing.

Our group invitation code: K7PT33

Current Volunteer Opportunities

Bingo Worker

Must be 18 years old and complete training prior to volunteering. Duties include cleaning tables of garbage and cards during the bingo sessions. As well as greeting players and representing Second Stage Housing.

Email Melissa at mmcleod.stessh@rogers.com for more info!

Receive our newsletter by email!

Email Melissa at mmcleod.stessh@rogers.com to be added to our electronic newsletter list and receive your copy in your inbox!

Please help us reduce our cost and paper usage!

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Second Stage Financial Donors May 21, 2016 to November 30, 2016

<p align="center">\$1,000 +</p> <p>Canadian Women's Foundation The Forever Legacy Foundation</p> <p align="center">\$500 - \$999.99</p> <p>Elgin – St. Thomas Community Foundation Don and Hazel Woods Charitable Foundation Elementary Teachers' Federation of Ontario Brian Bell</p> <p align="center">\$100- \$499.99</p> <p>Catherine Murray Helen E. Silcox London Community Foundation – Gertrude Vaughan Dragon Fund Dr. Donna Green</p> <p align="center">\$1-\$99.99</p> <p>Anna Tanguay Carol McConnell St. Andrews Church</p> <p align="center">Memoriums</p> <p><i>In memory of Cliff Maxwell</i> Carol McConnell</p>	<p align="center">100 Club Members</p> <p>A. Verhoeven F. Edgar E. York R. Jackson R. & S. Broadbent R. & D. Broadbent A. Lounsbury J. Jones E. Lanning J. Irvine T. Sherratt M. Cheney MJ & J Collins J. Irvine N. Newby J. Unwin J. Andrews A. Pol P. Morfee T. Phillips J. Francis E. Kitts S. Westaway G. Clark B. Wright C. Keefer A. Meeuse A. Wright B. Blackman B. Andrews C. & K. Jolliffe P. Pol M. Keefer H. Ainsworth P. Newman J & J Harris G & M Ladd S. Hagerman</p>	<p align="center">Join the 100 Club Today!</p> <p>The 100 Club is a planned giving initiative, which aims to get 100 individuals, families, or groups to commit to making an annual donation of \$120 or more to our agency. It is the most convenient way to support us. The objective of the 100 Club is to generate sustainable funding for our programs. Our hope is to be able to focus less effort on fundraising and more on the programming we offer to the women and children at our agency.</p> <p align="center">In 2016 the 100 Club had 38 members and raised just over \$6,400.</p> <p align="center">Call or email Melissa to sign up!</p> <hr/> <p align="center"><i>Please note we strive for accuracy in listing donors; however, some errors may occur. Please contact us if any errors or omissions are detected.</i></p>
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✂please cut along the dotted line.....

Enclosed is my gift of: \$ _____ One time gift: _____ 100 Club: _____

Paid by: Cheque Series of post dated cheques

Automatic Bank Charge ___1st or ___15th \$ _____ each month(enclose **VOIDED** cheque)

Mastercard Visa #: _____ expiry date ___ / ___ (secure site)

Name: _____ **Phone #:** _____

Address: _____

Mail to: St. Thomas – Elgin Second Stage Housing, 15 Golding Place, St. Thomas, ON N5R 6B

Thank you for your support!