

Spring Fundraising Plans

Hit the Floor for Her

Saturday May 28, 2016

8:30 a.m. - 11:30 a.m.

Central United Church Gym
135 Wellington St., St. Thomas ON

Event Layout

8:30 a.m. – Registration

9:00 a.m. – Welcome

Core & Cardio Workout

10:00 a.m. - Break with snacks and water provided

10:15 a.m. – Yoga

11:15 a.m. – Closing Remarks

This is a pledged event with all proceeds going to support Second Stage Housing in our mission to provide transitional supports and housing to women, with or without children, leaving abusive relationships. In order to participate a minimum of \$40 in pledges for adults and \$20 for high school/college students must be raised. All pledges \$10 and over will receive tax receipts.

14th Annual Golf Tournament

Thursday June 9, 2016

St. Thomas Golf & Country Club

Registration begins at 12:00 p.m.

Shotgun start at 1:30 pm

Tournament Package
\$140 per player

Included in your round:

- 18 holes of championship golf
- Power golf cart
- Fabulous dinner
- Driving range ball & used of practice facility
- Complimentary round of golf*
- Prize for every player

*Complimentary round of golf for all tournament players who bring out one or more guests to play another time, within one year. (Restrictions do apply)

Already a member at Union? No problem!
Included in your registration fee is a free guest pass for green for use at another time.



Registration Deadline: June 6, 2016

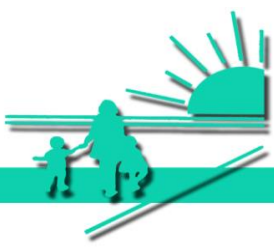
**Please contact Melissa at mmcleod.stessh@rogers.com or
519-637-2288 to sign up today!**

St. Thomas-Elgin Second Stage Housing

15 Golding Place St. Thomas Ontario
Phone: 519-637-2288 Toll Free: 1-877-396-2288 Fax: 519-637-2213
Email: secondstage.stessh@rogers.com www.secondstagehousing.net



A United Way Agency



Second Stage News

When a woman arrives....

The initial referral and application process allows the staff to gather information from the woman and offer emotional support and referrals that may be helpful to her. The first meeting is a time that we focus on assuring that emotional support is offered and information about the program is shared with the woman in a safe and confidential manner. Applicants are encouraged to share information regarding the abuse they have experienced in order that staff can offer them the support needed.

One important portion of the interview is to have the woman complete a safety assessment with staff. The safety assessment allows us to identify the woman's level of risk and develop a safety plan with her. The safety plan is completed with the applicant in order that she has a clear plan of action regarding safety concerns and that she receive referrals that she may require to help her maintain safety. The emergency shelter is one referral that is given to all applicants if they are not already connected with emergency housing services.

Information from the application interview is also used to develop a Transitional Plan with the woman. The Transitional Plan helps the staff and woman to assess five areas of need. The five areas are safety, housing, legal, emotional and referrals. While going through the different areas of the plan the Transitional Support Worker supports the woman to set short term goals. This planning gives each applicant the direction and resources needed to focus on moving forward and away from the violence.

The Transitional Support Worker is available to offer support to women that are waiting to move into the residential program. After a woman has moved into the residential program her Transition Plan is further developed with the Women's Counsellor to encourage longer term goal setting.

Residing at Second Stage....

The goal of the residential counselling program is to provide safe housing and transitional supports to women, with or without children who are leaving an abusive relationship. The women that reside in the program have identified a need for longer term support to increase their knowledge and safety skills regarding abusive situations.

The women and their children reside in one of the twelve furnished apartments which they rent. While residing in the building they participate in the women's support program in order to increase their independent living skills before moving from the program into the community.

The program offers transitional supports to the women in the form of a weekly psycho-educationally based group and individual support sessions during the week following group. The group process offers information about Abuse and the Effects of Abuse, Feelings and Life Management Skills. Individual support allows the woman the chance to discuss what she has learned and the opportunity to examine her own personal experiences and develop personalized goals for herself.

The Transitional Plans that are initially completed at the time of application, are revisited with each resident which encourages them to look at different areas of her life and set goals that will help her to move beyond the abuse. Each plan involves goal setting that may be related to safety, housing, parenting, finances, education/employment, legal processes, personal growth and development and health. Transitional Plans are reviewed with residents frequently and staff offer support, advocacy and referrals as needed to assist her in achieving what she has set out to do.

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Second Stage News

Did you know that April 10 to 16, 2016 was National Volunteer Week?

Volunteers are the roots of strong communities. Just like roots are essential for trees to bloom, volunteers are essential for communities to bloom.

National Volunteer week is a great opportunity to stop and take a look at the wonderful work volunteers do, not just in our agency, but across the country. Canada has over 12.7 million volunteers that donate their time to different organizations. Volunteers are a valuable resource that help to strengthen their communities.

At Second Stage Housing we are lucky to have a strong group of dedicated volunteers that give their time in a variety of different ways. We have volunteer board members, event committee members, donation organizers, bingo workers and recreational support.

We would not be as successful, without the dedication of our awesome volunteers.

Thank you!

Current Volunteer Opportunities

Bingo Worker

Must be 18 years old and complete training prior to volunteering. Duties include cleaning tables of garbage and cards during the bingo sessions. As well as greeting players and representing Second Stage Housing.

Email Melissa at mmcleod.stessh@rogers.com for more info!

Help us raise funds through FundScrip!

At Second Stage Housing we are beginning to use FundScrip to help us raise funds. FundScrip helps us to raise money for our organization when you buy gift cards for everyday purchases from a wide array of retail categories such as groceries, gas, restaurants, clothing stores and many more. The gift cards are sold at face value and Second Stage earns rebates ranging from 2% - 12% from the purchase price of the cards.

Please visit www.fundscrip.com for more information or ask Melissa at Second Stage

Our group invitation code: K7PT33

100 Club

The 100 Club is a planned giving initiative, which aims to get 100 individuals, families, or groups to commit to making an annual donation of \$120 or more to our agency. It is the most convenient way to support us. The objective of the 100 Club is to generate sustainable funding for our programs. Our hope is to be able to focus less effort on fundraising and more on the programming we offer to the women and children at our agency.

In 2015 the 100 Club had 40 members and raised just over \$6,800.

Please see back page for a list of our generous donors!

Receive our newsletter by email!

Email Melissa at mmcleod.stessh@rogers.com to be added to our electronic newsletter list and receive your copy in your inbox!

Please help us reduce our cost and paper usage!

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Second Stage Financial Donors December 1, 2015 to May 20, 2016

<p align="center">\$1,000 +</p> <p>Sisters of St. Joseph Robert Allen Horticultural Services Inc. Elgin County</p> <p align="center">\$500 - \$999.99</p> <p>Bertha Caughell Don and Hazel Woods Charitable Foundation St. Anne's Council of Women First Baptist Church Tillsonburg Inc. Elementary Teachers' Federation of Ontario</p> <p align="center">\$100- \$499.99</p> <p>John Harper Union United Church Women Dunwich United Church Women Bob Ledgerwood Dr. John A Hofhuis Richmond United Church Women Jacqueline Irvine Central United Church Alice & Maurice Keck Bayham United Church L. Douglas & Shural McCaig Frome United Church Women St. Andrews United Church Women V Julianne Gal</p> <hr/>	<p align="center">\$100- \$499.99</p> <p align="center">con't</p> <p>Kiwanis Club of West Lorne Richmond United Church Women St. Thomas & District Labour Council</p> <p align="center">\$1-\$99.99</p> <p>New Vision Community Church Robert & Judith Upsdell</p> <p align="center">Memoriums</p> <p align="center"><i>In memory of Bob Moore & Lloyd Sylvester Carol McConnell</i></p> <hr/> <p align="center">100 Club Members</p> <p>A. Verhoeven F. Edgar E. York R. Jackson R. & S. Broadbent R. & D. Broadbent A. Lounsbury J. Jones E. Lanning J. Irvine T. Sherratt M. Cheney</p> <hr/> <p align="center"><i>Please note we strive for accuracy in listing donors; however, some errors may occur. Please contact us if any errors or omissions are detected.</i></p>	<p align="center">100 Club Members</p> <p align="center">con't</p> <p>MJ & J Collins J. Irvine N. Newby J. Unwin J. Andrews A. Pol P. Morfee T. Phillips J. Francis S. Westaway T. Phillips J. Francis E. Kitts S. Westaway G. Clark B. Wright C. Keefer A. Meeuse A. Wright B. Blackman B. Andrews C. & K. Jolliffe P. Pol M. Keefer H. Ainsworth P. Newman J & J Harris</p> <p align="center">Please join our 100 Club today! Contact Melissa at 519-637-2288 or mmcleod.stessh@rogers.com</p>
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✂please cut along the dotted line.....

Enclosed is my gift of: \$ _____ One time gift: ____ 100 Club: ____

Paid by: Cheque Series of post dated cheques

Automatic Bank Charge ___1st or ___15th \$ _____ each month(enclose **VOIDED**cheque)

Mastercard Visa #: _____ expiry date ___ / ___ (secure site)

Name: _____ Phone #: _____

Address: _____

Mail to: St. Thomas – Elgin Second Stage Housing, 15 Golding Place, St. Thomas, ON N5R 6B

Thank you for your support!